TITLE/ORGANISATION	AREA	WHO FOR	SCOPE	SERVICES	DESCRIPTION	DAYS	HOURS	PHONE	WEBSITE
				Peers Hotline					
Qlife	National	LGBTQ+ community members	Mental Health, peer support	Webchat	A national and anonymous ph	Weekdays	3pm-12am	1800 184 527	QLife Chat
Beyond Blue	National	Mainstream non-LGBTQA+	Mental Health, Suicide Prevention	Crisis Hotline	Give us a call any time of th	Every Day	All Hours (24/7)	1300 224 636	Beyond Blue Webchat Support Service - Beyond Blue
Lifeline	National	Mainstream non-LGBTQA+	Mental Health, Suicide Prevention	Crisis Hotline	Free counselling for suicide	Every Day	All Hours (24/7)	13 11 14	Lifeline Australia - 13 11 14 - Crisis Support. Suicide Prevention.
Suicide Callback Service	National	Mainstream non-LGBTQA+	Mental Health, Suicide Prevention	Crisis Hotline	Free counselling for suicide	Every Day	All Hours (24/7)	1300 659 467	Phone and Online Counselling | Suicide Call Back Service
Rainbow Cultures	NSW	BI-POC LGBTQA+ People	Community Directory	n/a	A directory of LGBTQ+ multi	n/a	n/a		https://www.rainbowcultures.org.au/
Directory for Mental Health Support for	National & New Zealand	Mob	Community Directory	n/a	A list by community for com	n/a	n/a		Our Directory - Supports for Black, brown and First Nations communities - Google Sheets
DISCHARGED	WA & National	Trans and gender diverse people	Suicide Prevention	Support group	An online peer-led Alternati	varied	varied		Discharged Peer Support Groups
Ask Izzy	National	Mainstream non-LGBTQA+	Crisis Directory	n/a	A free and anonymous searc	n/a	n/a		Ask Izzy
Brother to Brother	National	Mainstream non-LGBTQA+	Mental Health, peer support	Peer support Crisis Hotline Support group	Support line for Aboriginal m	Every Day	All Hours (24/7)	1800 435 799	Dardi Munwurro - Building Stronger Families & Safer Communities
headspace National Youth Mental Healt	National	Mainstream non-LGBTQA+	Mental Health, Youth	Free Counselling Hotline	For people ages 12-25. Acc	varied	varied		headspace National Youth Mental Health Foundation
Butterfly Foundation	National	Mainstream non-LGBTQA+	Disordered eating	Webchat Support group	Support for eating disorders	Every Day	8am-12am	1800 33 4673	Support for Eating Disorders and Body Image Issues | Butterfly Foundation
Safe Haven	NSW	Mainstream non-LGBTQA+	Suicide Prevention	Crisis Hotline	A Safe Haven is a place you	varied	varied		Safe Haven
Suicide Prevention Outreach Team (SPO	NSW	Mainstream non-LGBTQA+	Suicide Prevention, Peer Support	Outreach	Suicide Prevention Outreac	varied	varied	1800 011 511	Suicide Prevention Outreach Teams
Link2Home	NSW	Mainstream non-LGBTQA+	Housing	Housing Free counselling	Link2home is the statewide	Every Day	All Hours (24/7)	1800 152 152	Are you homeless? | Family & Community Services
1800Respect	National	Mainstream non-LGBTQA+	Sexual, Domestic & Family Violence	Crisis Hotline Peer support Online groups	When you contact 1800RES	Every Day	All Hours (24/7)	1800-426-820	Home | 1800RESPECT
Sane Australia	National	Mainstream non-LGBTQA+	Mental Health, peer support	Hotline Peer support Online groups	SANE provides peer suppor	Weekdays	10am - 8pm	1800 187 263	SANE Australia
Alcohol and Drug Information Service (A	National	Mainstream non-LGBTQA+	AOD	Hotline Hotline Webchat	Whether you are having issu	Weekdays	8.30am – 5pm	1800 250 015	ADIS Web Chat
Rainbow Door	VIC	LGBTQ+ community members	Mental Health, Suicide Prevention, Peer Support	Peers Free counselling	Rainbow Door is a free specia	Every Day	10am-5pm	0480 017 246, 1800 72	Rainbow Door
ACON Pride Counselling	NSW	LGBTQ+ community members	Mental Health, AOD	Substance support	ACON offers a range of free	Weekdays	varied	1800 063 060	Intake Form - ACON
ACON Trans Peers	NSW	Trans and gender diverse people	Suicide Prevention	Suicide prevention	Free short-term peer suppo	Weekdays	varied	1800 063 060	Intake Form - ACON
Safe Steps	VIC	Mainstream non-LGBTQA+	Family violence	Crisis Hotline Free counselling Family mediation Support Groups	Family Violence response s	Every Day	All Hours (24/7)	1800 015188	Safe Steps Family Violence Response Centre - 24/7 support for Victorians
Transcend Australia	National	Parents, TGD folk	Trans Health Care	Training	We offer non-judgemental, c	Weekdays	varied		Transcend Australia | Support for Trans, Gender Diverse and Non-Binary Children and their Families